



"Blessed are the Poor"
2026–2027

*Ignite Your Passion
Empower His Mission*

The Sacred Heart of Jesus is the source of all God's infinite love, mercy and compassion. Members are called to bring that heart into their parishes, families and communities with passion and commitment and advancing the League's mission.

For the next two years, "Blessed are the Poor" (Matthew 5:3) has been chosen by the national/executive board as the focus for the national theme, *Ignite Your Passion, Empower His Mission*. It encompasses a broad range of the poor—in spirit, of heart, in body—all in virtue, exemplifying Jesus' mission of bringing good news to the poor.

The following pages offer suggestions for actions and events that represent each of the League's three pillars: faith, service and social justice. Every month, each standing committee has an action or event to work on. These all correspond, in some way, with the events on the League's [Events Calendar](#) found on the national [website](#). Each council is asked to try to implement as many of the listed actions as possible. Councils are free to undertake other initiatives of their choosing, in addition to those listed.

Record each monthly project as it is completed. List any other actions or events your council accomplishes that share Christ's light with others. These reports will show how councils and members carry out the message of the new theme's focus. They will also guide the national chairpersons when developing plans for the second year of the national theme and focus.

Together, members empower Christ's mission through the pillars of faith, service and social justice, and exemplify the League's mission "to grow in faith, and to witness to the love of God through ministry and service."

As we continue our journey and start new beginnings, let us open our hearts to those in need. Each act of kindness—no matter how small—helps to ignite God's love in the community.

The League would like to track the success of the theme focus throughout the year. Provincial presidents will receive a bimonthly email with a link to a tracking platform. This email will be shared with council presidents at all levels. Please take the time to complete the form.

"Let us touch the dying, the poor, the lonely and the unwanted according to the graces we have received and let us not be ashamed or slow to do the humble work."

(Saint Mother Teresa, Mother to the Poor)



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January: New Year, New Beginnings

1. Donate warm clothing and blankets to a local homeless shelter. Include a prayer card and rosary.
2. Host an ecumenical service and invite different faith community members.
3. Write a resolution. See [*Poverty Trends 2025: Pathways from Poverty to Rights & Well-being*](#) available on the Citizens for Public Justice [website](#).

February: Month of Love and Compassion

1. Visit members in seniors' homes, bring them a care package and pray with them.
2. Sponsor participants in the Coldest Night of the Year Event.
3. Host a speaker on human trafficking for the parish.

March: Lenten Season of Giving

1. Celebrate the World Day of Prayer.
2. Volunteer at a soup kitchen.
3. Adopt a single parent for a day.

April: Easter Renewal

1. Host a children's easter social after Mass.
2. Organize an easter egg hunt at a women's shelter.
3. Have a food collection and take it to a shelter.

May: Month of Mary—Mother of the Poor

1. Pray the rosary with your family.
2. Wear a red dress on May 5th for the Red Dress Campaign.
3. Collect diapers, baby formula and baby clothing for mothers in crisis or pregnancy centres.

June: Solemnity of the Sacred Heart of Jesus/Indigenous Relations

1. Host an exposition of the Blessed Sacrament on June 11th.
2. Plan a smudging ceremony for your council.
3. Hold a community outreach barbecue.



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July: Grandparents, The Elderly, and Friends

1. Visit someone living alone.
2. Take an elderly neighbour to Mass.
3. Check in with a friend or make a new friend.

August: Youth

1. Organize a Catholic Girls League information day.
2. Collect school supplies.
3. Attend the national convention in Halifax.

September: National Faith / Care for Creation / Indigenous Relations

1. Host a community clean-up.
2. Host a Care for Creation Sunday.
3. Have an Orange Shirt social.

October: Care for the Poor

1. Host a Sisters in Spirit vigil.
2. Host a Purple Thursday event.
3. Have an education session on the eradication of poverty.

November: Homelessness

1. Bring prayer books to a shelter.
2. Have your meeting in a seniors'/nursing home where some members live.
3. Visit veterans in care homes.

December: Christianity

1. Host a prayer service on December 6th.
2. Christmas carolling for shut-ins.
3. Sponsor a family for Christmas.