

Being quite early in the 2024 New Year the most likely goal for all council levels of the Catholic Women's League of Canada across Canada is to inspire all Catholic women at our parish to join the CWL. As we know very well from our Provincial President, we need to invite women from our parish to join personally and always have a short section in the church bulletin on CWL happenings in the parish, whether it be retreats, participation in a prayer group at your parish, or offers of support to seniors for shopping, home visits, or requests for prayers may initiate a new membership.

A CWL Bulletin board with general meeting dates, speakers, news, upcoming events, membership forms, photographs, et. al. especially if food is involved at a potluck lunch at the Church parking lot, or in a public area in a park in the summer usually well attended.

Many members may not be aware that there is a wealth of information, and videos on the National website www.cwl.ca or that they can contact the local library to make an appointment to teach them how they can be "computer" savvy. Maybe one or two of you can go together?

We have heard comments from the Outreach Survey team at National that there are feelings of being overwhelmed with the descriptions listed for the pillars of Faith, Service, and Social Justice. These are not binding rules for your council but are merely ideas for councils to consider. The list for each pillar is lengthy so dismiss those that do not fit the size or interest of your council, so the task is not so unwieldy. Choose topics that are a better fit for you to achieve. Another idea that may be a more important way for a council to be productive would be to establish a Time Management Plan.

Suggestions from the experts on how a Time Management Plan may help you to manage your time:

- a) By having a to-do list
- b) Knowing what affects productivity
 - Forcing rigid hours to which you really must commit.
- c) Knowing how much time per day you will have to spend overseeing usual daily work and other principal issues. (these are usually about 3 hours).
- d) How much time do you think will you save if you spend 10-12 minutes planning your day? (It will be up to 2 hours or more).
- e) What time of day are you most productive? It is 9:00 a.m. to Noon or later in the evening.

With prayers for an increase in adopting the Faith, Service, and Social Justice pillars at all levels of the Catholic Women's League of Canada councils, and for fellowship and sisterhood nationwide.

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